



**TRAIL
LIFE
USA**

Horsemanship

Name _____

Do all of the following requirements (1-3)

- ____1. Participate in horsemanship training to include at least the following preparation:
- ____a. Demonstrate wearing appropriate riding clothing, footwear, and headgear.
 - ____b. Describe how you should behave and how your voice affects a horse's behavior.
 - ____c. Explain Basic Barn/Stable Safety Rules, including: No loud voices; No running; Pick up and put away supplies and Tack as you go; No climbing on hay, gates, fences, etc.; Never ride or handle your horse alone; Any additional barn/stable rules.
 - ____d. Describe safe riding rules.
 - ____e. Demonstrate how to approach a horse safely and how to fasten a lead rope.
 - ____f. Demonstrate leading a horse with a lead rope and securing it to a hitching post.
 - ____g. Demonstrate the use of the various grooming tools used in caring for a horse such as brushes, currycombs, picks and products.
 - ____h. Demonstrate how to tack your horse using either Western or English equipment.
- ____2. Participate in horseback riding training to include at least the following riding skills:
- ____a. Demonstrate how to mount, sit, and dismount a horse.
 - ____b. Demonstrate starting, stopping, and backing up the horse at marked locations
 - ____c. Demonstrate walking the horse in a straight line
 - ____d. Demonstrate walking the horse in a circle
 - ____e. Demonstrate walking the horse through a weaving or serpentine course.



- _____f. Demonstrate trotting the horse in a straight line
- _____g. Demonstrate trotting the horse in a circle
- _____h. Demonstrate trotting the horse through a weaving or serpentine course.
- _____3. Under the supervision of a licensed instructor or outfitter, complete at least 2 hours of trail riding (typically two 1-hour trail rides). For each ride:
 - _____a. Review all safety procedures.
 - _____b. Log the date, location, and duration (riding time only) of the trail ride.

Do five of the following optional requirements (4-21)

- _____4. Read a book about horse care.
- _____5. Work in a stable for the day.
 - _____a. Learn the daily routine involved in caring for a horse.
 - _____b. Explain the routine changes from winter to summer?
 - _____c. Describe what tools and equipment a well-equipped stable should have
- _____6. Learn about feeding horses by:
 - _____a. Learning how to select the type and amount of horse feed based on horse breed and activity level.
 - _____b. Participating in feeding the horses
- _____7. Observe or assist a farrier and/or veterinarian in shoeing or caring for a horse.
- _____8. Visit three of the following: race track, trail ride, stable, carriage horse stable, and police stable.
 - _____a. Learn their horse care routines.
 - _____b. Compare the similarities and differences of the horse care routines.
 - _____c. Learn how a horse is safely transported.
- _____9. Visit a local stable or horse farm and:
 - _____a. Learn how they care for their horses.
 - _____b. Explain what is involved in boarding a horse and how much it costs.
 - _____c. Describe the kind of shelter a horse needs.

- _____d. Determine the cost of owning a horse.
- _____e. Determine the cost of riding a horse regularly
- _____10. Read a book about horse health care.
- _____11. Learn about regular health care for a horse including:
 - _____a. Required immunizations, Coggins testing, worming, etc.
 - _____b. Common horse illnesses and injuries and what to do about them.
 - _____c. Basic hoof care and blacksmithing.
 - _____d. The items that should be in a horse medical kit.
- _____12. Investigate at least six different careers related to horses. For each career:
 - _____a. List the training and/or education required.
 - _____b. List the expected salary.
 - _____c. Describe the current availability of jobs in that career.
 - _____d. Tell if that career appeals to you and why.
- _____13. Read a book about horse breeds or history.
- _____14. Study the history of the horse and present your findings to your Unit or family.
 - _____a. Learn how horses were used during different times in history.
 - _____b. Identify six different breeds of horses and the purposes for which they were bred.
- _____15. Study the anatomy of the horse and make a chart showing the points of a horse.
- _____16. Describe and contrast Western and English riding styles and equipment.
- _____17. Research several places in your community where you can go to ride a horse.
 - _____a. List what each of them charges for trail rides private lessons, and group lessons.
 - _____b. List the facilities of each one including whether or not they have an indoor ring, outdoor ring, or outdoor trails.
 - _____c. Visit at least one riding facility.

- ____18. Attend a local horse show or rodeo and describe to your Unit or family the different events and classes of competition and how the judges score the competitions.
- ____19. Participate in three hours of formal horseback riding lessons beyond requirements 1-3.
- ____20. Participate in at least three hours of training for an equestrian sport.
- ____21. Participate in an equestrian sport competition.

Trail Badge Mentor Signature

Date

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