



**TRAIL
LIFE
USA**

Archery

Name _____

All archery activities must be done under the safety requirements of the Trail Life USA Health and Safety Guide. In particular, all archery shooting, whether for score or for practice, must be done on a properly controlled and supervised archery range.

Do all of the following requirements (1-4)

- ____1. Participate in an archery safety orientation and do the following:
 - ____a. List the safety rules of the archery range.
 - ____b. Demonstrate the proper use of an arm guard, finger tab, and quiver.
 - ____c. Describe or demonstrate the range voice and whistle commands.
 - ____d. Summarize the state and local laws in your area that address the use and regulation of archery equipment.
- ____2. Describe proper care of archery equipment including maintenance, storage, and transportation of arrows and a compound bow, recursive bow, or longbow. Do the following:
 - ____a. List tools an archer needs.
 - ____b. Identify the parts of an arrow.
 - ____c. Identify the parts of a compound bow, recursive bow, or longbow.
 - ____d. Properly string a bow.
- ____3. Under the supervision of an experienced archer, participate in an archery skill orientation and do the following:
 - ____a. Demonstrate the nine steps of a good shooting method.
 - ____b. Shoot at least 60 arrows at a target.
 - ____c. Correctly score one round of arrows using a score sheet.

- _____d. Demonstrate the proper way to pull your arrows out of the target.
- _____e. Demonstrate safely carrying arrows.
- _____4. Practice archery and then complete one of the following qualifying options. The option and requirements will depend on your archery range and bow types. Your rangemaster will provide the qualification criteria based on whether it is an indoor or outdoor scoring matrix; the bow type (barebow/basic compound, Olympic recurve, or compound bow); and the program.
 - _____a. Meet or exceed the qualifying score for the Green JOAD Pin-One Star or higher.
 - _____b. Meet or exceed the qualifying score for the WA (FITA) White Arrow Award or higher,

Do three optional requirement from any topic below (5-15)

Bowyer

- _____5. Make a bow.
- _____6. Make a bowstring.
- _____7. Make an arrow.

Knowledge

- _____8. Teach someone new to archery the following:
 - _____a. Safety rules of the archery range
 - _____b. Proper use of an arm guard, finger tab, and quiver
 - _____c. Archery range voice and whistle commands
 - _____d. How to correctly hold a bow and arrow
- _____9. With permission of your parents, go to the web sites of WA, USAA, and NFAA to familiarize yourself with the different programs they offer and sponsor (see resources at the bottom). Explain to your Mentor one of the following:
 - _____a. WA Beginners Arrow Awards Program
 - _____b. 1440 Round, formerly called a FITA Round, for indoors, outdoors, or the Olympics
 - _____c. JOAD Award Program and the closest JOAD club

- _____d. Any upcoming international, US, or field archery competitions or tournaments
- _____10. Attend and report on an archery tournament sponsored by WA, USAA, or NFAA.
- _____11. The following are terms commonly used in the sport of archery. Define each one:
Anchor Point, Broad Head, Cat Whisker, Compound Bow, Crossbow, Draw, Draw Weight, End, Field Point, Fletching or Vane, Limb, Nock, Recurve Bow, Release, Rest, Round, Shooting Line, Sight, Sight Pin, Stabilizer, String Wax

Experience

- _____12. Practice archery after completing requirement 4 and then complete one of the following qualifying options based on the same constraints in requirement 4.
 - _____a. Meet or exceed the qualifying score for the Purple JOAD Pin-Two Stars or higher.
 - _____b. Meet or exceed the qualifying score for the WA (FITA) Black Arrow Award or higher,
- _____13. Set up at least three field targets and shoot at least fifteen arrows at each target.
- _____14. Participate in an archery tournament with standard targets.
- _____15. Participate in an archery shooting arcade contest with fun targets.

Resources

World Archery (WA), formerly FITA, oversees the Olympics and other international archery competitions: <http://www.worldarchery.org/>

USA Archery (USAA), formerly, NAA, oversees the US Olympic archery team and the Junior Olympic Archery Development (JOAD) program for youth: <http://www.usarchery.org/>

National Field Archery Association (NFAA) is a national allied organization of USAA with a focus on field archery: <https://www.nfaausa.com/>

Trail Badge Mentor Signature

Date

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